

BAR HILL NEWS

April 2015; Issue 558

Bar Hill Fête

SATURDAY 4th JULY 2015

from 2pm

through the afternoon and into the evening, with
the usual brilliant bands playing until late!!

Cream Teas

Variety of stalls

Food

Tug-of-War

Beer Festival

Mr Gumble's Bouncy/Ride On Things

And Lots More...

For more information, visit the website: www.barhillvillagefete.org and keep
an eye on the Bar Hill News.

BAR HILL LITTER PICK

Please come and join the Bar Hill Tidy Up Litter Pick on
Saturday 25th April. Meet at the Parish Council
Office at 10am. Collect your bag and litter pick stick and
go for it! Tesco will be joining us this year, so it will be
helpful to show them areas where to collect the litter.
Contact: 01954 780456.

- ELECTRICAL RECYCLING COLLECTION - 28th MAY

All redundant/unwanted electrical items can be left out
for collection on 28th May.
If you are missed, please contact the Parish Council
Office on 01954 780456.

HAPPY EASTER, EVERYONE

For those of you with an online presence, your Bar Hill
News is available – without advertising pages – at
www.barhill.org.uk/bhn.php about 10 days before the
paper copy drops on to the doormat.

Important Information for Dog Lovers

The Bar Hill News has been informed that there may
be a plan to injure dogs in the village by leaving pieces
of metal in small sausages on the pavement, hoping
that dogs will eat them.
It's horrible to think anyone would do such a thing,
but please be aware so that the suffering of a poor dog
and heartbreak for their owner may be averted.
This may be a hoax – let's hope it is – but, dog owners,
please take care.

deadline for next issue: 15th April 2015 to bhneditor@yahoo.com, or see page 2 for other contact
details



Bar Hill Motors

20, Viking Way (next to Tesco's)



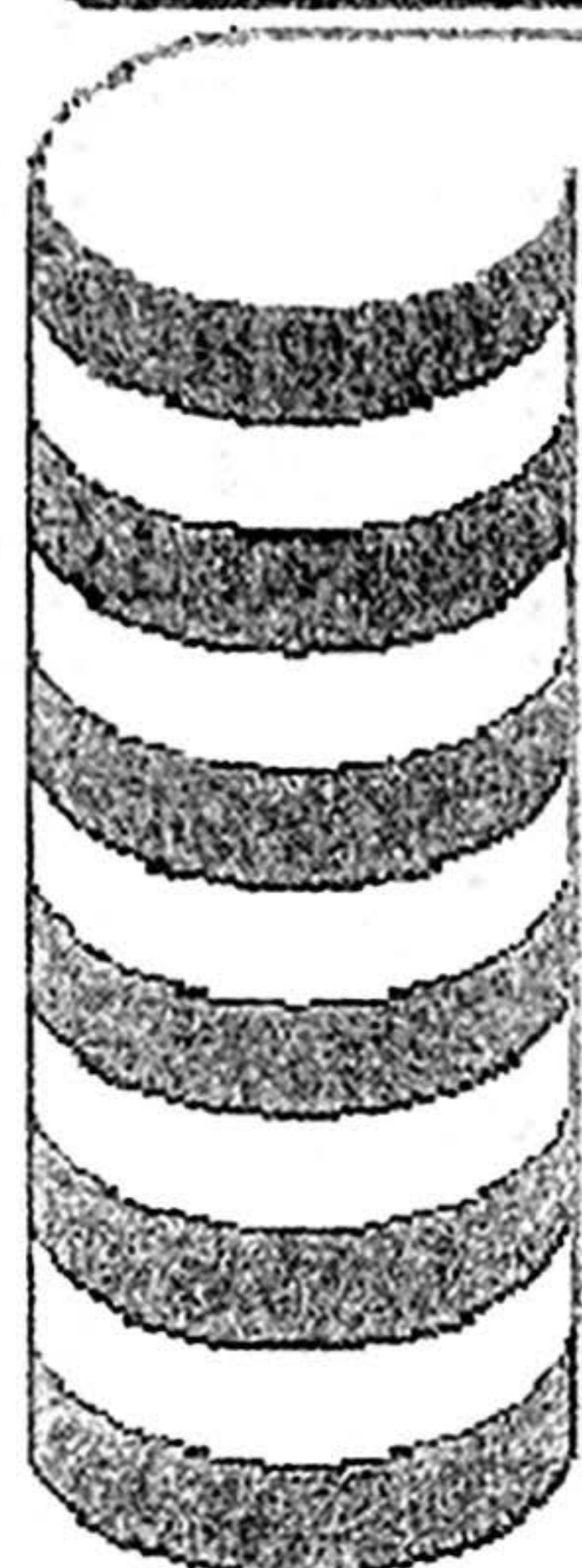
For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment

Opening times

Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

781132



Alan's Carpets

- * Home selection Service
- * Over 40 Years Experience
- * FREE quotes - Priced right
- * Extensive range of Quality Samples
- * Room sized Roll ends - Carpets & Vinyl
- * Orders fitted within days, not months
- * Showroom now open at 1 Station Road, Swavesey

Alan Shumpton



Phone 01954 232298 or 07790 544250

RedLocks
Locksmiths



Your local locksmith

**Locked out? All locks opened,
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk



Bar Hill's Newspaper Delivery Service

**ANY NEWSPAPER, ANY DAY OF THE WEEK
DELIVERED TO YOUR DOOR BY 7.30AM.**

£1.00 – SATURDAY + SUNDAY

£1.50 – MONDAY TO FRIDAY

£2.00 – MONDAY TO SUNDAY

PLUS THE PRICE OF YOUR SELECTED PAPER

**SET UP IN 2011 WE DELIVER TO HOUSE HOLDS
AND BUSINESSES IN BAR HILL,
OFFERING YOU A SIMPLE, RELIABLE
SERVICE FOR A GREAT PRICE.**

TEL: 07814754520

INFO@YOURLOCALPAPERBOY.CO.UK

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE REQUIRE-
MENTS

e-mail: dean.mills2@hotmail.co.uk

Work closer to home in a role that's close to your heart.

If you're a support worker looking to make a real difference - or would like to train to be one - Midas Care would love to hear from you. We are one of the most respected names in independent healthcare and preferred provider of homecare for Cambridgeshire County Council. You'll join our friendly teams on established local rounds, offering physical and mental support to patients in their own homes whilst maintaining our high standards of delivering 'quality care'. In return you'll receive good pay, mileage allowance and appropriate training.

apply@midas-care.co.uk

or telephone 01954 571061

MIDAS
CARE

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL

Karndean / Amtico

Altro safety flooring (wet rooms /
kitchens)

Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5:00pm

Mob: 07801542378 8:00am - 6:00pm day time

Bar Hill CB23 8TF

Super
Snips

Mobile Dog Grooming *by Julie*

- Micro Chipping
- Ear Cleaning & Plucking
- Clipping
- Bath & Drying
- Nail Cutting
- One to One Care



All in the comfort of my heated van on your own doorstep

07712 323 557

www.supersnips.co.uk Email julesanderton@yahoo.co.uk

follow us on @supersnipsuk and like us on f @super snips

ELECSA

00

A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

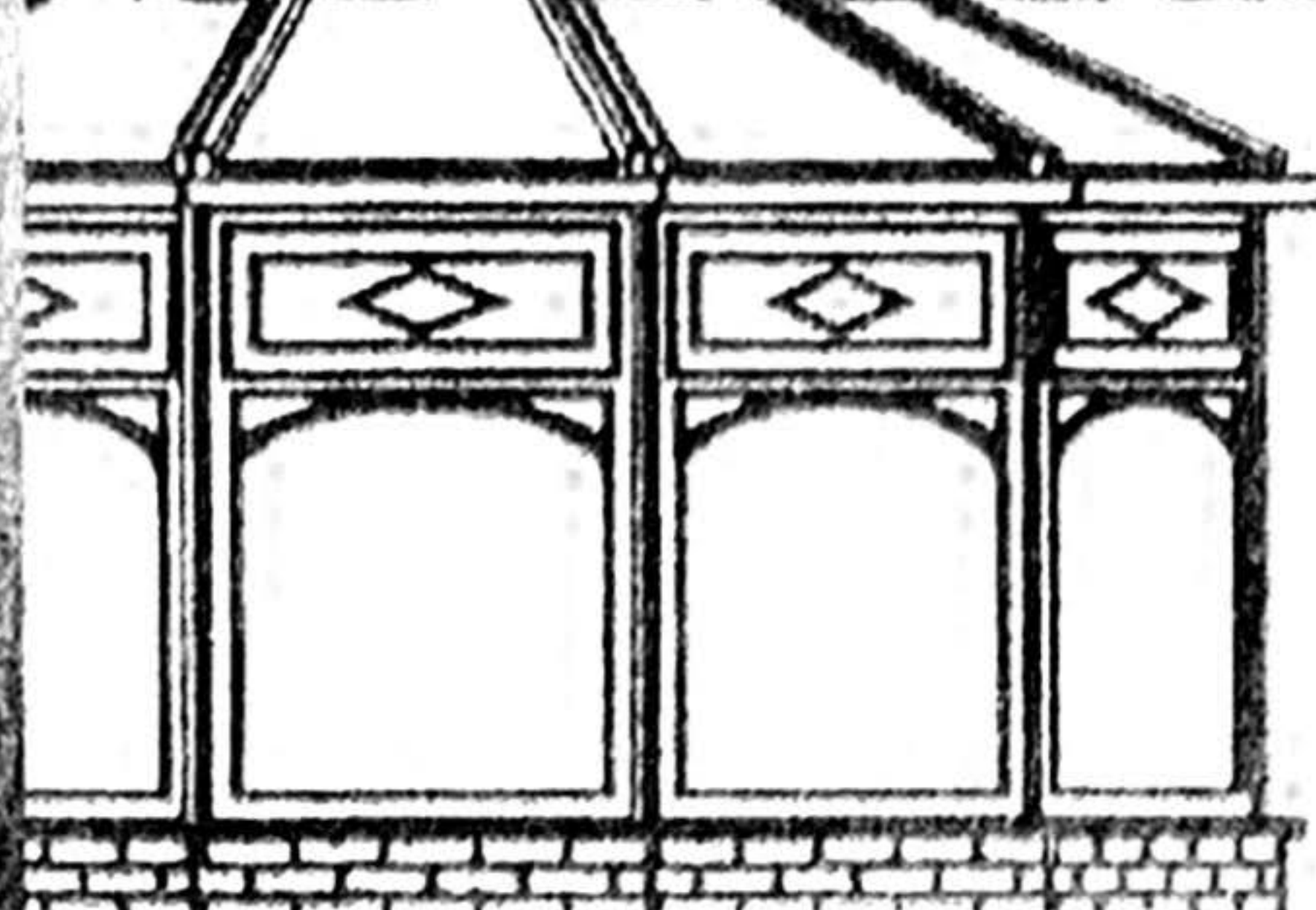
85 Stonefield, Bar Hill, Cambridge, CB23 8TE

Mobile : 07735615871

Email - barretts11@msn.com

Elesa Reg No : EPP32573

SPECTRUM



CONSERVATORIES WINDOWS DOORS

FENSA

Registered Company

MOBILE: 07702 895673

TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just off Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

Giant, Haro, Mongoose, Huffy & Diamond Back

- Good quality secondhand cycles always available

- Plenty of parking

Cambridge Stockist of
GIANT

Quality for less

276004

Come and visit us; we will make you welcome

NET
(Singer)
Cannock
Topcok
Zell
Shimano
Widex
Crid Emat
Squid
Trolod
Spencer
Muller
Hantz
Dejaway
Ball
Abus
Giant
Clack Butler
Univex
Diamondback
Haro
Columbus
Hutchinson
Webster

SE
stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

NIKE
DOMESTIC
INSTALLER

stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill

Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill

Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill

Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10

CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

**P
H
Y
S
I
C**

Oakington Therapy Centre

76 Gilbert Road

Cambridge

CB4 3PD

**Osteopathy
Sports Massage**

with

Roger Giddings

Emma Bicknell

Mike Salt

01223 237459 or 07715998447

www.physic.co.uk

Power Tool & Plant Hire, Sales & Repairs M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY

Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.

All other tools and small plant repaired, including Kangos, disc cutters and generators

Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders,
Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers,
Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

*Adults & children's
bouncy castles
now available*

206113



Steve Jolley
Plastering & Tiling

6 Foxhollow

Bar Hill

Cambridge

CB23 8EP

Home 01954 780445

Mobile 07727 203626

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,
including power flushing

Acorn Avenue, Bar Hill, Cambs,
CB23 8DT

24 hour service...No call out charges!



23354



026851

Est. 1989

**ARCHITECTURAL
DRAWINGS**

FOR

PLANNING & BUILDING
REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,
LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site
meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS
Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



213666

M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

01223 691599

07832261791/07766281962



FRIENDS OF THE ROSIE HOSPITAL



Happy Easter to all our customers.

Since the last report, we had a successful, well attended Annual General Meeting.

Cash for the Community: our charity was chosen as one of the ten in the running for a share of £10,000. Tokens appear in the

Cambridge News till Saturday 4th April – the more tokens collected for Friends of the Rosie Hospital the bigger our share of the £10,000. Tokens need to be handed in by 12pm on Tuesday 7th April. Please spread the word so that Friends of the Rosie Hospital gets as many tokens as possible.

This spring we have a small display at the **Tea Bar, Outpatient Department, Rosie Hospital** at Addenbrooke's

Our next stalls will be:

- **Sunday 12th April 9.30am to 1pm: Cambourne 10K Race;**
- **Monday 4th May 10.30am to 4pm: Farmland Museum at Denny Abbey Craft Fair.**

If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation.

Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website

www.rosieinstitches.org.uk.

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010, books on Amazon at www.amazon.co.uk/shops/A302NWPGSHC7HN, and second hand patterns and craft materials on our Facebook page. There are links to affiliate stores on our website where we will get a donation.

To support Friends of the Rosie Hospital, Cambridge, England, visit www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk> There are competitions to enter on the Easyfundraising blog.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for all your support.

GINNY'S GARDENING AND DESIGN

Do you need gardening done? Need ideas of what to plant where? Whole gardens or just one bed, let me help you achieve the perfect garden for you. Personal service tailored to your wishes, budget and garden conditions.

Phone Ginny on 01954 789206

FOR SALE – ELECTRIC BICYCLE

Top-of-the-range Smarta LX adult electric cycle purchased from the Cambridge Electric Transport Shop price new is £1000+

Summer use from Field View –Tesco occasionally.

Mains charger, front detachable carrier, electronic speed/use recorder and high pressure pump. £400 ono.

01954 203615

MAPLE SURGERY NEWS

Tel: 01954 780442

www.mhmaple.co.uk

Patient Participation Group – are you interested in becoming involved with and supporting the running of the Maple Surgery? Would you like to make a positive contribution to the services and facilities offered by the Surgery? Patient involvement in health is currently a high priority in the NHS so if you would like to find out more about joining our Patient Participation Group (PPG) please enquire at the Surgery, email us on maplesurgery.enquiries@nhs.net or register your interest at www.mhmaple.co.uk/patient-participation/.

Help us Improve our Service – please take the time to complete an NHS Friends and Family Test Card available in the waiting area. Your feedback will help us learn more about what you like about the Surgery and what you think we could improve.

Emergency/On the Day Appointments – as from 1st March, morning emergency/on the day appointments may be booked any weekday from 8.30am. Afternoon emergency/on the day appointments may be booked any weekday from 1.30pm.

Test Results – please remember, phone requests for blood results will only be accepted after 2pm.

Shingles – shingles vaccinations are available for all patients who were aged 70, 78 and 79 on the 1st September 2014. Please contact the Surgery to arrange an appointment.

Free NHS Health Checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

Repeat Prescriptions – please do remember to allow two clear working days for your repeat prescription requests to be processed.

Surgery Parking – please remember that the surgery car park is for the use of Maple Surgery and Bar Hill Dental Surgery patients during opening hours.

The Maple Surgery Team

BAR HILL BABY AND TODDLER GROUP...



... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-

schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices:

Under 1's – £1.00 (or FREE when paying for a sibling over 1);
Over 1's – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

BAR HILL MAY BALL

16th May 7.30pm until midnight in the Village Hall

Tickets £5 per person (adults only) available from the Toddler Group or by contacting Sarah on 01954 201943.

Licensed bar, hot food and music!

All proceeds to the Bar Hill Baby and Toddler Group.

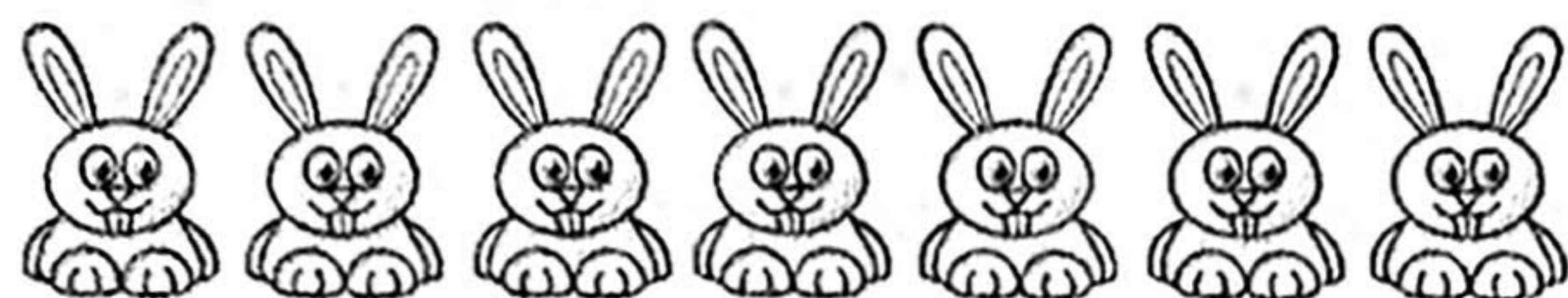
– BAR HILL CHILDMINDERS –

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies:

Terri	07846 018714
Kirsty	07584 168909 (school aged children)
Kirsten G	01954 200228
Melanie	01954 204496 (0-5 year-olds)
Kirsten C	01954 202228



'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

'Little Bunnies' Sensory Sessions at the Octagon on Tuesdays from 9.45–11.15am during term time. Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included. £1 under 1yr; £2 per child; £3 for two or more children.

APPLETREES PLUMBING & HEATING



94 Appletrees, Bar Hill CB23 8SW.
City & Guilds Qualified; Gas Safe
Register number: 564278.

All types of domestic plumbing, heating and gas work undertaken, including boiler installation and servicing; radiator installation and moving; heating system updating and installation; heating system cleaning and power flushing; inspection and certification; bathroom installation; appliance installation; tap repairs; toilet repairs; install and repair water storage tanks; underfloor heating.

City & Guilds T: 01954 789039 or 07880 366689;
Qualified E: info@appletrees.plumbing
Website: www.appletrees.plumbing



'Dreamt' is the only English word that ends in the letters 'mt'

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT with Laura*.
Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk;
W: www.learnitwithlaura.co.uk.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham: 01954 260230; Longstanton:

01954 207600; Dispensary: 01954 260073

Website: www.willinghammediclpractice.nhs.uk

Patient Survey Report 2014 – we looked at the results at our monthly practice team meeting in February. The results were analysed and comparisons made with results from NHS England. We were pleased to note that the Practice scored above the national benchmarks in all core questions, and by a considerable margin in most cases. Feedback from patients was very positive. A few patients asked for longer opening hours. A copy of the Report is available in reception at both surgeries. Patient Participation Group – our Group met on 26th February. We looked at the results of the 2014 Patient Survey and the Friends and Family Test questionnaires for December, January and February. All but two responders said that they would recommend the practice. Provisional date for the next Patient Group meeting is Thursday 21st May 2-4pm. We welcome new members and in particular would like to encourage younger members and young mums to join. E-mail address: ppgwillingham@outlook.com; e-mails are read and responded to by the Chair or Secretary.

Text reminders for appointments – if you would like to receive a text reminder the day before your appointment at the surgery please make sure we have your mobile phone number – we will need your consent to send you a text. Our system will also let you know if you have missed an appointment. Don't forget you can book and cancel appointments on line.

Online repeat prescription ordering – if you would like to register for this service please ring Dispensary on 01954 260073 for more details of how this can help you and the dispensary staff.

Carers Support Meeting – the next meetings are on Wed 8th April and Wed 6th May 2.00-4.30pm at Willingham Surgery. Come along for a friendly chat and learn about what support is available to you. Ring Karen at the surgery for details.

Hearing Help Service – next dates: Wed 15th April and Wed 20th May.

Cynthia Bidwell, Practice Manager

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

FOR SALE

Bed – Myers 4FT Divan with two drawers and mattress – 14 months old, slept in 21 times £175 o.n.o. Can deliver in Bar Hill.

Picnic Table – folds up small with four internal seats £19 o.n.o.

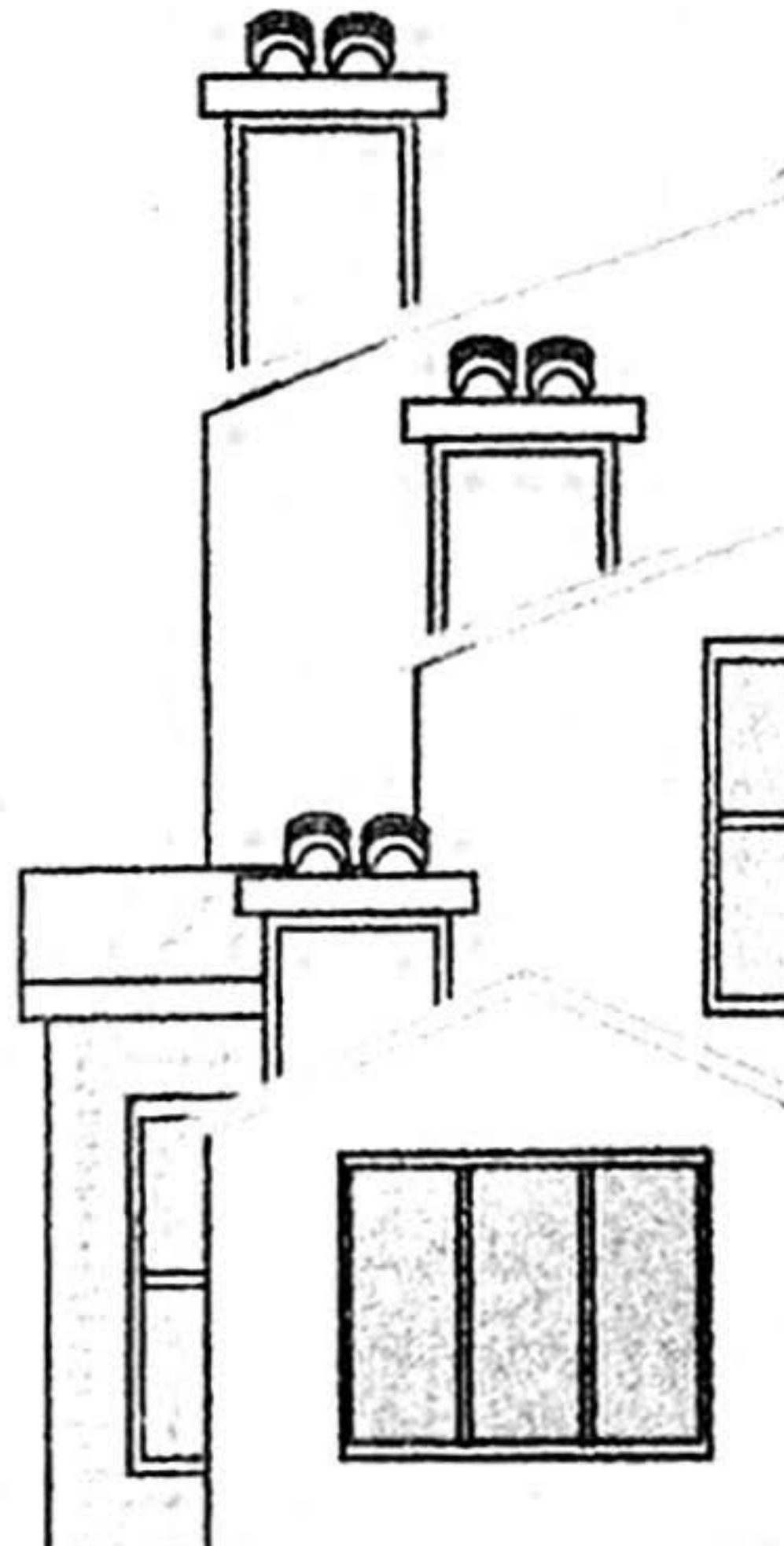
Bird Nesting boxes – £3 each only two left

Tony: 07831 895007; 01954 789848

EXPRESS ROOFING SERVICES									
Flat Roofing Specialists Emergency 24 hour Service Roofing for over 25 years									
5-10 year guarantees		* Insurance work * Guttering * Fascia Boards * Garages & Extensions * Re-roofing & repairs						Competitive Rates	
Prompt Reliable Service									
 01487 841008									
Mobile 07860 680550 37 Greenfields, Earith									

King & Co. Solicitors 238, High Street Cottenham Tel: Cottenham 251818		No Parking Problems
Opening Hours:-		
Mon. - Thur. Fridays	9.00 am - 5.00 pm 9.00 am - 4.00 pm	

 is where your home is	www.haart.co.uk • Experienced staff with local knowledge • 10 Cambridge regional offices, 223 national • Independent mortgage advice • Advertised on 7 major property websites • No sale – no fee
The only agent truly serving Bar Hill	Unit 12, The Mall
Call the office today for your free, no obligation, valuation	781411

J T Carpentry & Joinery General Domestic Carpentry & small Building work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & timber Windows, Decking, Security locks, Stud walls, Insulation, Glazing, Cupboards. City & guilds Apprenticeship served with over 40 years experience. Telephone 07846-847808 www.johnnytno1.moonfruit.com	
--	---



We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance service
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com

Alternatively

Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB23 7NX



Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate
Farm, Over Road, Willingham
Cambs CB24 5EU

**DAVID HUMPHREY
CARPENTER & JOINER**

 **01480 432275**

Mob: 07788 428580
Fax: 01480 451666

In need of any work doing around
the home, but haven't got time to do it?

Then look no further...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

No job too large or too small
Quality work at realistic prices

JASON KIRBY

*Professional Painting
& Decorating Ltd*

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations



Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of
foot healthcare in the comfort of your
own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot
Massage

To book your appointment, call
Andrina on

07966 571 686

or email

andrinab@btopenworld.com

Register for Foot Health Practitioners
Member

K & S SERVICES

Tel: 01954200869

Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling,
Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

• **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms

• **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens

FREE
ADVICE /
ESTIMATES

• **WE SPECIALISE IN** New Conservatories,
Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone **01954 201944**

Email: enquiries@wds.co.uk
or visit www.wds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PEEK WE DON'T GAGGLES UP PRICE WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
email: DrakeHP@aol.com

Established 32 years

**Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms**



**Gas Safe
Registered Gas Installer
2185**

BAR HILL RESIDENTS' ASSOCIATION

2014-15 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Also:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442; www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am* – 6.30pm
Tuesday, Friday	8.30am – 6.30pm

(* appointments available from 7.30am)

Emergency on the day appointments: bookable by phone from 8.30am for the mornings and from 1.30pm for afternoons.

Midwife	Thursday	2.00–4.00pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon
	and	1.00–4.00pm
Orthoptist	2nd Tues. of month	9.00am–12.30pm
CAMTAD	4th Tues. of month	9.30–11.30am

Phone lines open from 7am – 6.30pm, Mon. – Friday.

Out of Hours Emergencies – call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery): 01954 207612

Well Child Clinics: 3rd Tuesday of the month

1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office: 01954 206120 • Conservative Party (Iris Lay): 01954 205265 • Happy Hours (Helen Collins): 01954 782203 • Liberal Democrat Party (Andy Pellew): 07814 871752 • Library (renewals and enquiries): 0345 0455225 • Neighbourhood Watch: 01954 201001 • Parish Council: 01954 780456 • Police non emergency: 101 • Post Office: 01954 789285 • Pre-School: 01954 782892 • Samaritans: 01223 364455 • School: 01954 273305 • Social Club: 01954 781881 • Swavesey Village College 01954 230366 •

Skatz

HAIR DESIGN

and Bethan's Beauty Shop

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, fortnightly, Monthly or one off jobs

*Friendly and reliable service carried out
by local mums*

We can offer:
Gardening Service
Cleaning Service
Dog Walking and Pet Service
Washing and Ironing Service

website :

www.pphomeandgarden.vpweb.co.uk



ENTIRE



300907



Water
Safe

The Complete Gas Heating and Plumbing Company

**Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance**

**Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk**

Are you in need of a chiropodist ?



For a professional service in your own home:-



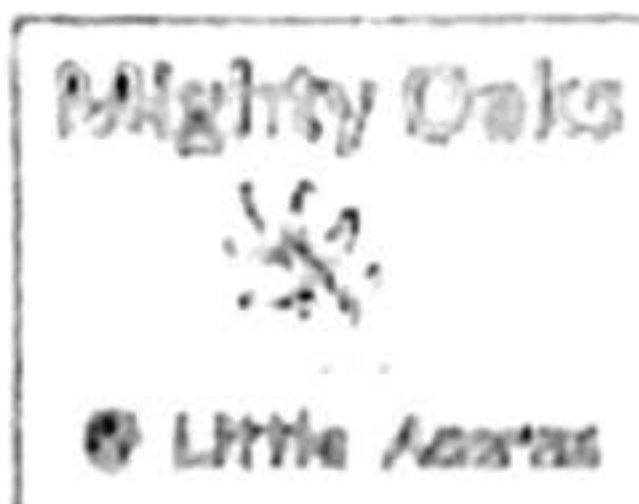
201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association



Little Acorns Extended Day Care



Little Acorns Extended Day Care is the umbrella name for Little Acorns Pre-School and Mighty Oaks @ Little Acorns out of school club. Little Acorns is registered to care for children age 2-11 years, from 8am -6pm during term time and school holidays.

Flexible Hours can be booked any time during a week day. A normal pre-school session starts at 9am (to 11.30am) or 12.30pm (ending at 3pm). Afterschool care starts at 3pm or 3.15pm.

Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount.

Our breakfast club is open from 8am and is suitable for all ages.

Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.

All age groups of children have access to all three rooms in the building and the garden area throughout the day.

We offer a wide variety of activities and resources, set out into zones, where children can explore, investigate, learn, create and have fun.

We have a new 'mini acorns' session for children who are just starting pre-school (from age 2). It is a slightly shorter session (9-11.15am) and is open Monday to Friday, term time only. It is held in a separate, quieter room and has a higher staff ratio (max 12 children per session with 3 staff). We employ qualified and experienced staff who are caring and dedicated team members.

If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658. (pre-school age). For out of school care please email: mightyoaks.barhill@virginmedia.com.

We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.

The building can also be hired out at weekends/evenings for parties and family events. Please email for a booking form if you are interested - you do not need to have a child at the pre-school to use this facility.



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone
Steve Beaney

01954 260851
07929 888128

INFORMATION AND ADVICE FROM DOBBIES

Drop in the store this Easter holidays to take part in one of our many competitions, all in aid of our local charity. FREE gift wrapping on all Easter gifts!

Flower of the month: Rhododendron - you can't beat them for high-impact flowers in all shades of pink, purple, yellow, red and white.

Love home grown vegetables? Now is the time to sow carrots, salad, radish, beetroot and other tasty favourites! You can also start off potatoes in pots or grow-bags; watch out for a late frost though!

April is the time to start giving your lawn some TLC with regular mowing and a feed, weed and moss killing treatment, for the best results treat your lawn regularly.

Feeding and watering made easy: mix fertilisers into the soil when planting new plants. Work slow-release fertiliser into container compost when potting, potted plants also benefit from a weekly liquid feed. Potted plants should also be watered little and often, constantly checking the soil is moist. Don't forget to water hanging baskets every day, even if it has been raining.

For the kids: Looking for an Easter Holiday project? Now is the perfect time to sow sunflower seeds. There are many varieties, big (American giant) and small (Teddy Bear). They don't even have to be yellow! Make sure to water them regularly and give them an extra boost with a weekly liquid feed.

And ladies, don't forget to buy your ticket for our charity garden party (18th June).

For more gardening tips check out Dobbies' YouTube channel.

Early Heads Up - Please make a note in your diary BAR HILL COLTS SEASON AWARDS PRESENTATION EVENING SATURDAY 13th JUNE 2015

Our awards evening always has a great atmosphere, so why not come along?

CARVERY EVERY SUNDAY FROM 12.30pm.



Menzie's Hotels

Enjoy a 2-course Sunday Carvery, followed by a swim with your family.

£9.95 per person. Prior Booking Required.

Menzie's Cambridge Hotel & Golf Club, Bar Hill CB23 8EU. Tel 01954 249988.

BAR HILL TAE KWON-DO CLUB



part of the Tae Kwon-Do Association of Great Britain (TAGB).

Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family.

Lessons are held at Bar Hill School on Mondays.

Junior class (beginners' class from 4 years old) is from 1700-1800; Junior and Adult class 1800-1930.

Sparring Classes are held on Sundays from 1000-1130. Free taster sessions. Family discount.

Text, call or e-mail: Mister Jason Newton, 07745 436806; jason.newton@btinternet.com; or Sam Dethridge, 07767 697236; barhilltkdjuniorclass@gmail.com.



VILLAGE HALL 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children.

We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or:
enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

GIRLGUIDING IN BAR HILL



Who says Guides aren't adventurous! Imagine camping in a wind tunnel mud bath the first weekend after New Year. Two of the Leaders took 11 Guides to Winter Camp, where

the girls got to try lots of new activities including Segway, Revolving Wall climbing, Archery, 4x4 Land Rovers, Tank Driving, Diggers and many more fun and exciting activities. Was it wet? Yes! Was it muddy? Extremely! Were the girls challenged? Definitely! Was it fun? Oh yes! Why not come and join in the fun?

Girlguiding units currently meet weekly in Bar Hill:

Rainbows (age 5-7) Monday and Wednesday, Brownies (age 7-10) Tuesday and Wednesday, Guides (age 10-14) Wednesday, and Senior Section (14+) meet monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to www.girlguiding.org.uk/interested.

For more information about local girlguiding, please phone 01954 203322 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

DISTRICT COUNCILLOR REPORT

APRIL 2015

With the 2014-15 'council year' about to come to a close – and elections for 19 of the 57 wards due to take place on 7th May – additional savings of £670,000 as well as an increase of £2.45 a year in the Band D Council Tax have had to be made to offset a diminishing government grant in order to maintain the present level of services.

In 2005, South Cambridgeshire was spending £18.1 million; now it is £17.3 million, with inflation £5 million less. Throughout this time, the Council has maintained the policy of keeping front-line services intact while allowing local parishes to set their own precepts. South Cambridgeshire's collection rates are among the highest in the country, being 99.2% in council tax, business rates 96.9% and council house rents 98.8%.

The population of the district is not only increasing but getting older. The population now stands at 151,400, with 0.9% more women than men. The economically active proportion of the population in the last year fell to 94,100. The Local Plans for South Cambridgeshire and Cambridge City are now being examined by government inspectors. A total of 33,000 new homes, 19,000 of which will be in South Cambridgeshire, are being proposed for the period 2011-31. No development, however, is being proposed for the Bar Hill ward.

The Council is the landlord of 5,500 properties, the installation of solar panels having provided free daytime electricity for 2,000 of them. This has partly offset increases in rent caused by government policy that these should shadow rents in the private sector. In addition, the Council is building new council houses, 35 having been built in the last year.

Lastly, the Council has supported local businesses with workshops, seminars and ongoing advice. Over 400 new apprenticeships have been created locally.

If you need help, assistance or further information, do please get in touch:

Roger Hall	Bunty Waters
01954 780304	01954 201421
07946 415244	07734 690580
roger.hall90@ntlworld.com	bunty.waters@ntlworld.com

ABSOBEAUTI

Beauty Salon

Shellac/IBD/Gelation Nail Polish

(lasts up to 14 days): £19.00

Minx Foil Nails, Manicures/Pedicures, Nail Art/Design.

St Tropez Spray Tans: £15.00

Eyelash Lift with free eyelash tint: £20.00

Eyebrow shape and tint: £12.00

Eyelash tint: £10.00

Local business in The Brambles, Bar Hill.

By appointment only; Monday-Sunday opening.

Call Sharon: 07967 610482

- TOM MOORE - BUILDING WORK -

All types of small building work undertaken by experienced craftsman. Competitive rates.

M: 078125 71384; H: 01954 202677;

E: tombola49@aol.com

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive

Bar Hill

Cambridge

CB23 8EN

www.blockpavingcompany.co.uk

IS YOUR BOILER READY FOR WINTER?



Sadly, colder weather is just around the corner, before you know it we will all be switching on the central heating. If you have been considering replacing an old inefficient boiler with a new high efficiency unit, now is the time to do it. Cut your heating costs this year, call IJC for a no obligation quote today.

Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

call: **01954 782920**

or visit: **www.ijcbuildingservices.co.uk**



IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

Irena Spence & Co Solicitors

Mount Pleasant House
Huntingdon Road
Cambridge, CB3 0RN

Tel: 01223 713300

mail@irenaspace.co.uk

Specialists in:
Residential & commercial
conveyancing
Wills & probate
Family/Matrimonial

Also at
5 Green End,
Comberton, CB23 7DY
01223 713300

A. Denton

Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



URBAN CAR COMPANY

QUALITY USED CARS

- ★ All Cars Multi Point Checked
- ★ Finance Arranged
- ★ Extended Warranties
- ★ Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



Ash Croft Veterinary Surgery

HARDWICK

169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm
Saturday - 9.00 to 11.00am
Sunday - 10.00 to 11.00am

PAPWORTH

Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm
Saturday - 12.00 to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

**Honest advice with a smile,
we go the extra mile!**



BAR HILL COMMUNITY PICNIC BENCH

"May Friendships start here..."

By the time you are reading this, we hope the picnic bench will be in place and ready for use outside the Library.

P. J. Wombwell (Concreting and Farming, Cambridge) has kindly provided the labour to prepare and lay the concrete base for us. Andy Kent (Andy's Kars, Viking Way) has very generously offered his expertise to construct and erect the bench in place. We are extremely grateful to both for their help and support.

Now we can sit back and enjoy the fruits of this project, relax in the sun and chat to folks who join us. We hope that this bench will provide a place for friendships to form, and be enjoyed by all the community.

A little get together will take place soon, look out for the date.

A great big thank you to everyone who contributed in so many ways – too many to name – thank you all and well done.

Sue and Josephine, Coffee Stop and BH Health Walks.

1st BAR HILL SCOUT GROUP



All of our sections are having another busy term, packed with exciting activities. The Beavers have been working on their Emergency Aid badge: learning first aid and meetings our PCSOs. They've also been making and playing instruments for their Creativity badge. At the end of March they zoom into space (well, to Caxton!) for a rocket-themed sleepover.

Cubs are preparing for their centenary year celebrations with a host of planned activities, including a visit to the East of England showground for a day about wildlife and the countryside. In the next few weeks, they will be learning about Bar Hill history and hosting friends on the first 'Bring a Buddy' night.

Meanwhile the Scouts have been learning bike maintenance, cycling along the busway, exploring St Ives and working towards their Community challenge by helping with scrub clearance at the nature reserve. Look out for them at the Parish Council's litter pick too. Could YOU play a part in supporting our Scouts? The Group needs new committee members: it's just 3 meetings each year, plus the AGM. If you could help us in any way (perhaps you have a skill to share with the young members?) then please contact Raymond Andrews on raymond.andrews6@btinternet.com.

Monday 5.30 to 6.30 – Beavers (age 5½ to 7)

Tuesday 7.30 to 9.00 – Scouts (age 10 to 14)

Thursday 6.30 to 7.30 – Cubs (age 8 to 10)

FOR SALE

Bench Press with weights. Good condition.

Buyer collects. £30.00

T: 01954 200394

...did you know...

There is a huge garbage patch in the Pacific ocean? It is an enormous cesspool of various chemicals and pollutants. No-one knows it's actual size, but it is estimated to be larger than the United States.

HUNTINGDONSHIRE LOCAL GROUP OF THE WILDLIFE TRUST

The Huntingdonshire Group will presenting The Beautiful Bluebells of Brampton Wood

We invite you to experience the delights of a carpet of bluebells in this ancient woodland, which lies on our doorstep. You are welcome to share this enchanting scene by participating in a guided walk through Brampton Wood on Sunday 26th April at 10.30 am.

George Cottam, Warden of Brampton Wood, will lead us through a rich variety of flora. His aim will be to highlight the beautiful scent, colour and freshness of the bluebells that encapsulate the essence of a traditional English spring. We also expect to see other woodland flora such as wood anemone, primrose and dogs mercury; early butterflies such as speckled wood, brimstone and orange tip; and we will also listen for the singing of the woodland birds.

Everyone is most welcome to attend; meet at Brampton Wood Car Park, Grafham Road, Brampton. For more information please contact George on 01480 450809.

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire. Registered Charity No: 1000412.

SEBASTIAN KINDERSLEY

Sebastian has been selected to run again as the Liberal Democrat candidate for South Cambridgeshire.

Born in Scotland he grew up in Ireland before moving to Cambridge in the early 80's to complete a degree at Anglia Ruskin University. Moving to South Cambs in the mid-80s he set up a market research company in Royston. Having sold the company he now runs a small home-based business based at East Hatley, near Gamlingay, working with financial institutions.

Sebastian was first elected to serve South Cambridgeshire residents in 1999 as a South Cambs District Councillor for Gamlingay. Since then he has added Arrington, Hatley, Lt Gransden, Croydon and Longstowe when the ward boundaries changed in 2004, and the Parishes of Barrington, Orwell, Wimpole, Harlton, Haslingfield and the Eversdens followed in 2005 when he was elected County Councillor.

Planning and the development of the area is Sebastian's chief concern and he sits on both the District and County Planning Committees. Over the years he has held many other posts at South Cambs and is passionate in particular about the importance of Parish Councils in local life.

Outside work Sebastian grows his own fruit and vegetables, keeps bees and takes advantage of living in the beautiful countryside of South Cambridgeshire. He is a Trustee of a local housing charity and over the years has been a Governor of two local schools. He organises the annual Poppy Appeal for Gamlingay and the Hatleys. He is very happy to hear from any resident – contact Sebastian on 01767 651982 or skindersley@hotmail.com.

FREE SUPPORT TO FIND ON-LINE ADVICE AT BAR HILL LIBRARY

There is a wealth of information on the internet, but how can you tell what is good advice and what might end up costing you money?

Bar Hill Library is running a fortnightly drop in which might be able to help you out. Our volunteer has been trained to use the Cambridge Citizens Advice Centre's website as well as other national websites which can answer hundreds of questions. And if they can't help, they can help you get an appointment with an advice agency who can.

The volunteer will be available on Mondays from 12-2pm on: 23rd March, 20th April, 18th May, and 1st June. No question is too small. Our volunteer is keen to talk to as many people as they can about the issues affecting them.

This drop-in is running as part of a larger project called Advicehub, run in partnership between the Library Service, Care Network Cambridgeshire, Cambridge CAB and others.

For further information please visit www.advicehub.org.

HONEYBEES

Fencing Company

Fence Erecting, Gate Making,

Bird Tables, Hutches

7-day call out for wind damage

Please contact Lee on 07704 474222;

or: leehoneybourne406@btinternet.com.

AVOID FRAUDULENT INVESTMENT RISKS

From April 2015, the over-55s will have the flexibility to take a number of smaller lump sum pension pots, of which 25% will be tax-free. The remainder will be charged at marginal rates of income tax.

HMRC is concerned that fraudsters will take advantage of these changes by offering to invest pensions on the victim's behalf. Be very wary of such offers.

To avoid losing your hard-earned cash: **do not** invest with companies which cold-call offering extremely high returns. If it sounds too good to be true, it is. Seek financial advice. Citizens Advice Bureau works alongside the Treasury delivering the 'Pension Wise' service.

If you have savings to invest, be sure to seek advice from an Financial Conduct Authority (FCA) registered advisor. Be aware of callers offering a free pension review service by phone, email and text message, and do not invest in unregulated markets such as overseas property developments, storage units or forestry.

Further information:

www.pensionsadvisoryservice.org.uk/.

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at

Bar Hill Primary School

on Wednesdays at 5.30 pm or 7.30 pm.

Want to lose weight and never feel hungry?

Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000

BAR HILL CRICKET CLUB

Since the last column, we have been moved into a different league by the County Association and will now be playing Barrington II, Burwell IV, Cambridge Granta IV, Coton II, Girton II and Wilburton II.

In addition, we have been drawn against Milton III in the Lower Junior Cup, which is this year to be played in a Twenty20 format. The match will be at home on the village green on Saturday 23rd May.

Our first action will be away from the village, as we have pre-season friendlies on 26th April at Huntingdon and, hopefully, 19th April against Longstowe. The league season starts on 2nd May with a trip to Barrington II.

As we have fewer league matches than anticipated, we will hopefully arrange some Sunday friendly matches. And there will of course be the Fred Styles Memorial Match on a date to be confirmed.

Indoor net practice sessions continue at Comberton Sports Centre every Monday until 20th April, from 8.15pm to 9.45pm, costing £4 for adults and £2 for concessions – new members of all skills are welcome.

We are also in the process of finalising our youth training sessions – we will post on our website and hopefully also advertise through the school.

Finally, is there anyone out there who would like to help the club in a voluntary capacity? We are always looking for new ideas and input into the club – contact me on the number below if you are interested – or if you or someone you know want to play for your village club!

Our website is at www.barhillcricket.org.uk and we also have a Facebook page and you can follow us on Twitter @BarHillCC.

Paul Stimpson, 01954 201212

– BUSWAY PARK & RIDE –

Charges at the Park and Ride sites associated with the Busway at Longstanton and St.Ives will be introduced from 1st April 2015.

All vehicles parking at either of these Busway Park & Ride sites will have a one-hour free period to enable drop-off and pick-up. Any vehicles staying for more than an hour will be liable for a £1 charge, to be purchased from new ticket machines. This ticket will allow for the parking of one vehicle for up to 18 hours. These charges still compare favourably with the cost of all day parking in Cambridge.

More information can be found at

www.cambridgeparkandride.com.

HINCHLIFFE BUILDING SERVICES

Local, Honest and Reliable

No Job Too Small

Free Quotes and Consultations

Floor & Wall Tiling; Painting & Decorating;

Driveways & Patios; Windows & Doors;

Fascia & Soffits; Roof Repairs; Fences & Gardens;

All Odd Jobs.

Install, Replace & Service All Locks.

Craig Hinchliffe T: 07944 609868;

E: hinchliffebuildingservices@gmail.com

FINBOW FRAMING (inc Warwick Fine Art Prints)

We provide a local, friendly and
bespoke framing service.
Framing for paintings, photographs,
Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a
stock of over 1000 antique prints
and maps, many of Cambridge.
These are available simply mount-
ed or framed. We can also provide
restoration work on damaged items.

Please feel free to get in touch with
Julian on 07952 295861
www.finbowframing.co.uk
finbowframing@hotmail.com

Oakington Garden Centre

**Large selection of plants, pots
and garden sundries**

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

**Oakington Garden Centre,
Dry Drayton Road, Oakington.**
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com



Jim Edwards

Gas appliances, Plumbing and Heating
Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly
service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk



Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox

**We are currently accepting children
and adults with a valid
exemption (eg. Income support, pension
credit, pregnant etc) as NHS patients**

**NOT TOO NEAR, NOT TOO FAR
FOR INDEPENDENT FINANCIAL ADVICE**

on investments, regular savings, pensions, life cover, inheritance tax planning etc

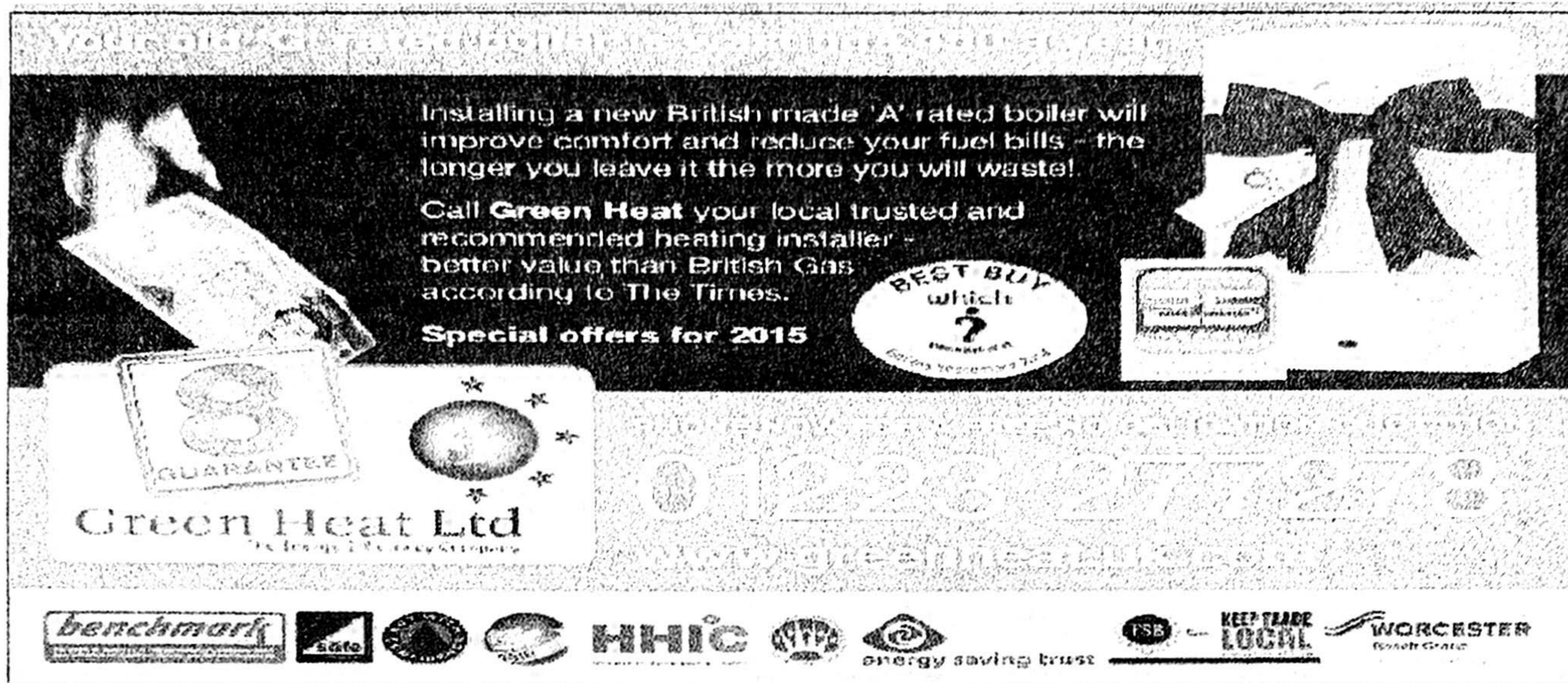
Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times.

Special offers for 2015

Green Heat Ltd
The Heating Experts

benchmark **safe** **HHIC** **energy saving trust** **KEEP TRADE LOCAL** **WORCESTER**

L.F. Dean & Sons
Motor Body Specialists



01223 233250 (evenings 01954 782247)



07711 131085

*All makes repaired

* Welding

* Re-spraying

* Low-bake oven

Non-fault accident service

Free estimates

4 Water Lane, Oakington

LJS AUTOS

- * Quality used car sales - from £500—£5,000
- * Petrol & diesel / big & small / warranties available
- * Cars bought for cash
- * Nationwide vehicle collection & delivery
- * Breakdown recovery service



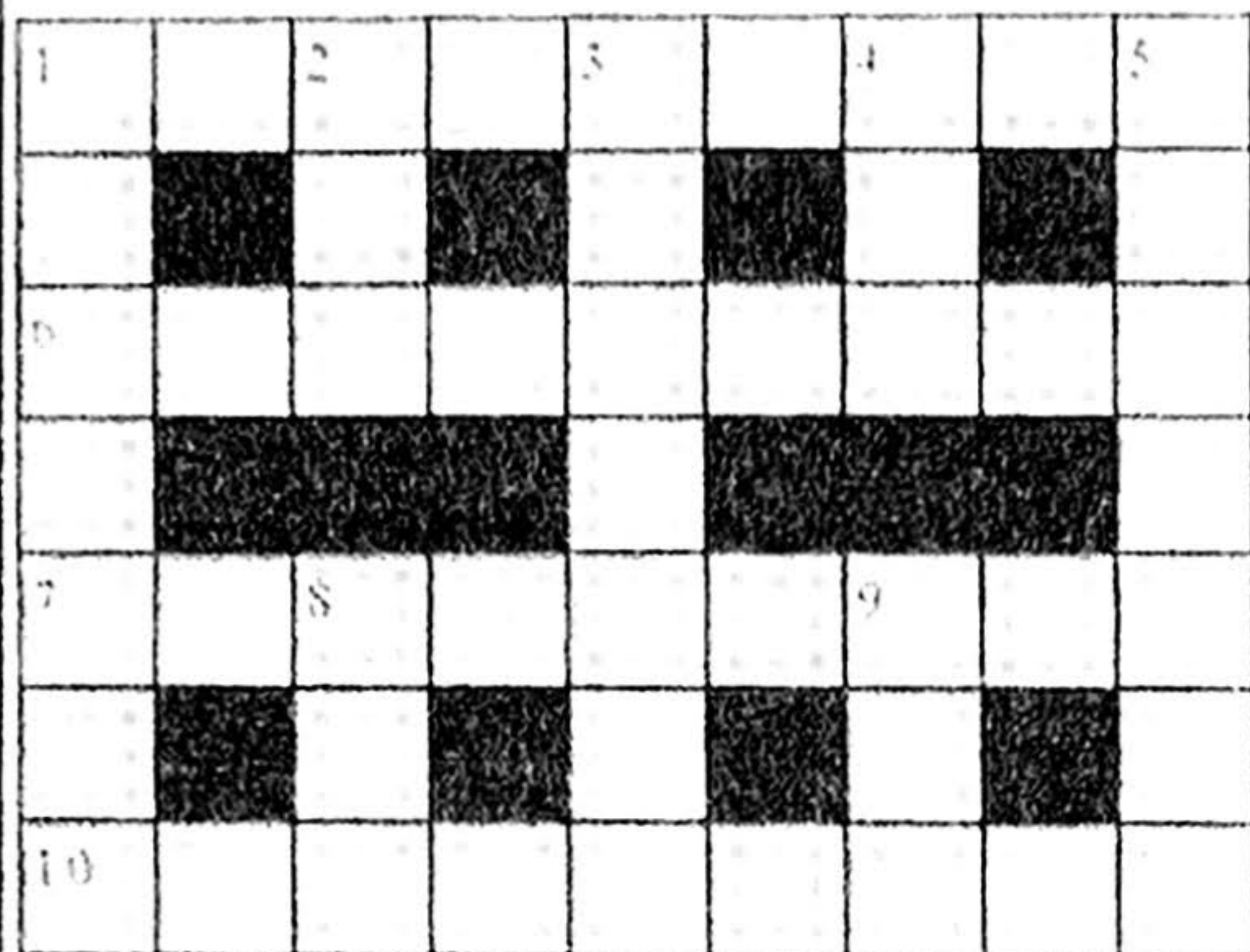
Contact Lee Shrimpton on 07790681317 or 01954 231996

APRIL CROSSWORD

Apart from 10 across, 'just add vowels'

Across: 1. dptns, 6. cntr, 7. rcptd,
10. bring baskets now, and sally
upon the spring's array and bear
from hill and valley the daffodil
away that dies on -----.

Down: 1. ccrs, 2. b, 3. tmc, 4. y, 5. sndly,
8. cs, 9. td 3. like an opal, 4.
vermin, 5. tightly, 8. decayed,
9. also.



SOLUTION FOR MARCH

Across: 1. enamoured, 6. enhearten,
7. rabbinate, 10. Wednesday.

Down: 1. eyebrow, 2. ash, 3. opaline,
4. rat, 5. densely, 8. bad, 9. and.

BIN COLLECTIONS

Weds. 1 April green bin, blue bin etc.

THURS. 9 April black bins

Weds. 15 April green bin, blue bin etc.

Weds. 22 April black bins

Weds. 29 April green bin, blue bin etc.

Weds. 7 May black bins

Weds. 29 April green bin, blue bin etc.

THURS. 7 May black bins

Weds. 13 May green bin, blue bin etc.

'Stewardesses' is the longest word you
can type with only your left hand, and
'lollipop' with your right.

APRIL BULLETIN FROM

CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

FREE fire safety seminars for businesses

Do you own or manage a business? Do you know what fire safety laws apply and how to conform to legislation? Cambridgeshire Fire and Rescue Service is running free seminars for you to swot up on your knowledge. Why not organise one for the businesses in your village? We hold at least two seminars, lasting about 2½ hours, every month and whether your business runs out of small industrial unit, is a side-street coffee shop or a licensed premises, our free workshops will help you better understand important fire safety legislation – and may even save you money in the long-run.

Seminars will be run on the second Tuesday of each month in Cambridge, and the third Tuesday of the month in Peterborough, starting at 10am. We can organise them on an ad-hoc basis. If there are a number of businesses in one location or trade that would like to attend a seminar, the fire service is keen to accommodate. To find out more or book a free place on a seminar, call 01733 353206.

Make sure fire safety still stays at the forefront of your mind in April – and don't forget to test your smoke alarm.

Log on to www.cambsfire.gov.uk for the latest incidents, news and safety advice. Find us on Twitter, Facebook and Instagram.

TESCO COMMUNITY INFORMATION – APRIL

The community room is rather busy this month with all sorts of activities but we would like to highlight three.

Madi Gilkes runs a **coffee morning** every fourth Monday of the month (next one 27th April) for **parents of children with special educational needs (SEN)**. It's an informal get together to chat about everyday life over a coffee with the opportunity to swap information and support. More details: Madi on 07947 210828.

Parkinson's UK is holding a drop-in session on Tuesday 21st April, come along for a cup of tea and chat with their volunteers and staff from 10–12pm. It is also hoping to run 15minute training awareness sessions from 1–3pm for staff who work in shops/libraries/post offices. For more information please contact 0808 800 0303. Make your Community a friendlier place for people affected by Parkinson's

Carers Support Team hold drop-in sessions every third Monday of the month 10.30–1.30, the next one is on the 20th April. For more details email carerssupportteam@cambridgeshire.gov.uk.

Lisa and myself are looking forward to helping the ladies of Starship Children Centre with the revamp of their garden that was affected by the flooding back in August.

Best wishes, *Lisa & Julie*

APRIL PUZZLE

Form nine, nine letter butterflies or moths, in alphabetical order.

A	L	I	G	E	R	O	N	E
A	R	W	H	O	N	O	P	A
B	R	I	I	N	G	P	E	N
C	A	R	I	N	G	P	Y	R
C	L	E	M	S	T	S	C	A
C	L	E	N	O	T	T	E	R
D	A	E	N	T	A	T	R	A
E	R	W	O	D	O	U	N	D
E	Y	C	O	M	B	V	E	N

Solution for March: ARCHITECT, CAMERAMAN, ECONOMIST, GOLDSMITH, HARVESTER, POLICEMAN, POULTERER, SACKMAKER, STATIONER.



RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings, which are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meeting:

7th April;

AGM: Friday 15th May

NEIGHBOURHOOD WATCH

Meerkats for Comic Relief: as Comparethemarket.com are sponsoring Neighbourhood Watch this year, a complete set of their meerkats were at the recent coffee morning for Comic Relief. A competition highlighted some common security risks and the answers are listed here, as they are really important.

1. Handbags in shopping trolleys and mobility scooter baskets are very unsafe – keep them on you.
2. Unlit houses attract attention – leave lights on when you go out or use timers if you will return home after dark.
3. There's no such thing as the Gas Board, Water Board etc – their representatives will specify their particular company and volunteer verifiable ID.
4. Keep garages and sheds locked so burglars cannot use your tools to break into your house.
5. Car and house keys left near the front door could be hooked through the letter box.
6. Banks etc will never ask for your pin number – no-one but you should know it.

These are common security lapses even amongst those who acknowledge their importance. Let's challenge and encourage each other to stay safe.

Power tools: these are still being stolen from garages and vans – consider additional security measures so you do not become a victim.

And finally: please keep your eyes open while walking round the village and report anything at all suspicious to the police on 101. The more we engage with them the more resources we could receive.

Pam Vandy, Village NHW Co-ordinator

– NWR –

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you 'd be very welcome.

9th April: **Planning Meeting.** Venue: Karen's.

23rd April: **Hats** – a talk about millinery by Helen Tilley – and there will be hats to try on! Venue: Jackie (J)'s

7th May: **Hat Debate** – plus final arrangements for our Area Meeting. Venue: Julie's

The Bar Hill NWR group meets informally at 8pm on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Geraldine Martensz on 01954 203458 or Bobby Colver on 01954 781682. NWR can also be found at www.nwr.org.uk. Why not have a look!

– BICYCLE REPAIRS & SERVICING –

Collection & Return Service. 07914 655086

BAR HILL PRIMARY SCHOOL

– PTA TABLE TOP SALE –

Saturday 25th April from 2–4pm in the school.

[Set up time from 1pm.]

Why not have a clear out in the house and garage make those unused/unwanted items make you some money? Entrance to the event will be 50p per adult; accompanied children free.

Refreshments and cake stall available.

Please come and support your local school.

Table pitch costs £6.00. Please book this before Friday 27th March via the School Office – opening times: Monday to Friday 8.30–9am; 3–3.30pm. Tel: 01954 273305.

Over Day Centre presents

ABBA Tribute Duo

Saturday 25th April 2015 from 7.30pm

Find your flares; sew your sequins; help raise some Money Money Money!

Voulez vous join us at our ABBA Tribute Evening?

Live music. Optional fancy dress. Raffle for a wheelbarrow of booze – the Winner Takes it All. Bar serving till 11.30pm for Super Troupers and Dancing Queens – oh... and Does Your Mother Know?

Tickets: £10 available from Over Day Centre, 1 Drings Close, Over CB24 5NZ. Tel: 01954 231807.

Registered Charity No: 800829.

...did you know...

- 1.2 billion people in the world are underfed – the same as the number who are overweight?
- Yet 27% of all food produced by Western nations ends up in the garbage.

– RAYNERS OF BARTON –

Sectional Buildings Greenhouses, Garages, Workshops, Chalets, Log Cabins, Carports, Summer Houses,

Sheds – Concrete, Steel or Wood, Conservatories – Aluminium or Hardwood.

– DOUBLE GLAZING AT ITS BEST –

PVC-U or Hardwood Windows, Doors.

Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB3 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

DHBK BOOKKEEPING SERVICES

DHBK offers businesses large or small an opportunity to run their business whilst it looks after your accounting paperwork for you. Save time and money on employee and office costs, plus you only pay for the services you need, when you need them.

Contact us today on 01954 209920 or 07799 648327 to discuss your requirements. Based in Over.

— EVENTS CALENDAR —

date	event	where	time
30 March	BHSSC Quiz Night (page 8)	BHSSC	8pm
5 April	Easter Egg Hunt (page 8)	BHSSC	8pm
7 April	Bar Hill Book Club (page 5)	The Fox	6pm
9 April	NWR planning meeting (page 3)	venue: Karen's	
12 April	Rosie at Cambourne 10K Race (page 15)		9.30am–1pm
12 April	Cambridge Gliding Centre Open Day (page 30)	Gransden Lodge airfield	10am–4pm
23 April	NWR – Hats (page 3)	venue: Jackie J's	8pm
24 April	Disco Night (page 8)	BHSSC	
25 April	Cambridge Pinks collection day (page 30)	Cambridge Centre	all day
25 April	Bar Hill Tidy Up Litter Pick (front page)	meet at Parish Council Office	10am
25 April	Bar Hill School PTA table-top sale (page 3)	Bar Hill School	2–4pm
25 April	Abba Tribute act (page 3)	Over Day Centre	7.30pm
27 April	BHSSC Quiz Night (page 8)	BHSSC	8pm
7th May:	NWR – Hat Debate (page 3)	Venue: Julie's	8pm

WEEKLY EXERCISE SESSIONS – FOREVER ACTIVE

Forever Active, which runs exercise sessions for the over 50s and those returning to a more active lifestyle, will be running two sessions weekly in the **Community Space Room, Tesco Bar Hill**.

These sessions will be on Mondays commencing **2nd March**:

3–4pm: Chair-based exercise – predominantly seated but will include some optional standing work. All abilities welcome.

4–5 pm: Pilates – to help strengthen weak areas and stretch tight muscles, enhancing good posture and correct body alignment.

Cost of classes: **£3.50 for FA members, £5.00 non-FA members**. Free tea and coffee courtesy of Tesco.

For further information, please contact Forever Active, 07432 480105 or email enquiries@forever-active.org.uk.

CAMBRIDGE GLIDING CENTRE OPEN DAY

Sunday 12th April, 10am–4pm

Come and visit Gransden Lodge Airfield to find out about the sport of gliding. All welcome.

Trial flights with our qualified instructors available on a first-come, first-fly basis.

Free admission. Refreshments.

The airfield entrance is on the B1046 between

Little Gransden & Longstowe, opposite

Gransden Lodge Farm. More information online:

www.camgliding.uk/.

HELP SAVE BAR HILL TENNIS CLUB

Our Club was founded in January 1990. Through energetic effort we committed to develop class facilities for the benefit of Bar Hill. Thanks to the support of the Parish Council, land was set aside and the Committee set about raising a total of £36,000. In 1997, we achieved this goal and constructed the facilities we now enjoy.

Membership peaked at nearly 40 adult members and 30+ juniors but unfortunately has dwindled in recent years. The club is now in grave danger of closing if we cannot encourage new members.

With the right level of support we can continue to fund for the future and ensure the Village maintains this sporting resource.

To survive we need new members, so this season (1st May to end September) we are offering a **year's free membership** for the first playing season to new members.

Tuesday nights (7–9pm) are for more experienced players; our new Thursday Club night (7–9pm) is for newcomers or less experienced players, when at least one male and female club member will be available for guidance and information.

To take up this offer please complete the Application Form available on our website www.barhilltennisclub.co.uk.

PLEASE HELP SAVE OUR CLUB!!

Contact Paul Chubbuck, Secretary, 01954 781688, paul.chubbuck@btinternet.com.

HAPPY EASTER FROM CAMBRIDGE PINKS!

On 25th April we will be collecting for Breast Cancer Campaign in Cambridge Centre, so look out for our collectors in their bright pink tee-shirts!

If you would like to get involved in fundraising for Breast Cancer Campaign then please do get in touch.

If you would like to find out more about Breast Cancer Campaign and how your donations will be used, then visit our website www.breastcancercampaign.org.

Breast Cancer Campaign's mission is to fund innovative world class research into Breast Cancer. Here in Cambridge Breast Cancer Campaign is funding researchers who are learning about the genetics of breast cancer and finding new genes involved in breast cancer.

Avril Williams, Chairman, avril.williams1@btinternet.com.

Cambridge Pinks – Breast Cancer Campaign Volunteer Group
Registered Charity no. 299758.

...did you know...

Camels are called 'ships of the desert' because of the way they move, not because of their transport capabilities?

Their humps are used as fat storage, thus, an under-nourished camel will not have a hump. Camels have three eyelids to protect themselves from blowing sand. They are peaceful animals who rarely exhibit aggression.

— LETTERS —

Dear Editor

Is anyone else incensed by the "lorry park" in Viking Way? The other evening I counted seven lorries vying for position along the road. And it is not just the evenings now; over the weekend of 7-8 March, there was a lorry and a van parked near the doctors surgery from late Friday till early Monday.

God forbid there is a fire or an emergency at the Church or in Hanover Close because there is no way a fire engine or ambulance could get through.

Trying to talk to one of the drivers was an experience. I was told to mind my own business and that the road is "just an industrial estate. There aren't any residential properties down here". This was on a night when five lorries were helping each other to park – and holding up traffic to and from the doctors, Hanover Close and the Church.

Is the Parish Council doing anything about this hazard and if so, what? An answer to this would be gratefully received.

[name and address withheld]

Response from the Chairman, Parish Council:

Viking Way is unadopted by the County Council; they do not support it and it belongs to the Parish Council. We have and are trying to find ways to stop lorries parking there. There are three notices along the road, including one as you drive into Viking Way, but unfortunately they are ignored.

The Parish Council has researched many ways to stop the parking, but the many companies along Viking Way that need access makes it difficult to find suitable ways. The Parish Council writes to companies asking them not to allow their HGV lorries to park there and report them to VOSA, advising them that there is a need for emergency vehicles to have access at all times.

The Parish Council will continue to search for a way to deter these vehicles parking along this road. Please contact the Parish Council with further information.

Regards, *Bunty Waters* [01954 780456]

Dear Editor

I am pleased to announce that the LGBT Bar Hill Facebook page is now live. Our address is: www.facebook.com/LGBTBARHILL. We welcome all LGBT residents, their friends, families and those who work in Bar Hill. We are a local community group focused on supporting diversity and Bar Hill's continuing ethos of tolerance and understanding. We look forward to making a positive contribution to our local community.

Regards, *Anthony Mitchell*

...did you know...

there are around 10 sextillion stars in the universe – that's a 1 followed by 22 zeros. On all our beaches, there are estimated to be around 5 sextillion grains of sand, so there are about twice as many stars in the universe as there are grains of sand on all the beaches of the world.

— OPPORTUNITIES —

VACANCY FOR BAR HILL PARISH CLERK

Sadly, we are losing our new Parish Clerk to another County.

We have a vacancy for an Administrative Parish Clerk for 20 hours per week, Monday to Friday.

The Parish Clerk should be self-motivated and confident. They will be carrying out business with the Parish Council's function as a local council. The Clerk organises and attends Parish Council meetings which are held on the third Thursday of each month.

To fill this surprisingly varied role, the successful candidate will have excellent communication skills with people from a variety of backgrounds, and an ability to deal with a wide range of issues.

Additionally they will have accurate administrative, office and computer skills, be numerate, and be responsible for preparation of agendas, minutes, and handling correspondence.

Salary is in accordance with experience based on NALC & SLCC recommended rates.

Closing date is 23rd April 2015.

Please ask for an application form and details from the Chairman, Bunty Waters on 01954 201421, bunty.waters@ntlworld.com, or 01954 780456.



JUNIOR ADMINISTRATOR

An exciting full-time opportunity to join a growing company in Bar Hill to develop excellent administration and customer skills. Salary up to £14k depending on experience.

If you are a good communicator, enjoy working as part of a team and understand the importance of providing a high level of administrative and customer support, email your CV to: mandy.dunn@asl-group.co.uk.

CAMBRIDGESHIRE CONSTABULARY eCOPS: POLICE SERVICE VOLUNTEERS

We are currently recruiting Police Service Volunteers (PSV's) to help with a number of internal roles. We have worked successfully alongside Special Constables for many years and we are now looking to enhance our behind the scenes work in the same way, asking people to volunteer their time and skills.

There are a number of ways people can get involved; firstly by visiting our recruitment website at www.cambs-police.co.uk or contacting your local Police team. There are a number of roles which would specifically suit people looking to gather evidence for their C.V. or to get first-hand experience working with our Investigation teams.

T/Inspector Paul Rogerson, Crime and Operational Support Department, Police Headquarters, Huntingdon PE29 6NP

HAPPY HOURS – NEWSLETTER

Another quiet month which we ended with a collection for Comic Relief. We had a very successful raffle and also sold homemade cakes and raised £50.80.

We look forward to planning an Easter surprise where I am sure chocolate will feature!

Age UK Befriending Scheme call 0800 169 29 39 or Silverline 0800 470 80 90 especially for those who are lonely.

Helen Collins, 01954 782203



BAR HILL PARISH COUNCIL

Joe Hoyle, Parish Clerk

Tel: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between **9am and 11am Monday to Thursday**.

Visit our website, www.barhill.org.uk for updates on local matters.

Conservation Day – we had a very full day at the Nature Reserve. You may see where the Hawthorn has been cut back giving very good viewing areas. There was so much work done and the volunteers who came along worked extremely hard. There are very good walks to be had around the Reserve.

There has been much work cutting back along the stream, the overgrowth has been removed; however, there is still work to be done and this will be taking place over the coming months.

Rubbish – this is quite a problem in the village as many residents seem to put their general rubbish in the bins along the spine paths and bus stops, as they are emptied by South Cambs they are filled again, however, there are already blue and black bins for the varieties of rubbish collected. Please report to the Parish Council if you see this happening.

Anonymous complaints – we have had a number of anonymous complaints since January. While we appreciate that many people would prefer to remain nameless in disputes, as a council we cannot act upon anonymous letters, emails or visits to the office. We would ideally prefer a name, contact number and email if possible.

Parish Council Meetings – the next Parish Council meeting will be held on Thursday 16th April at 7pm in the Parish Council Office. All members of the public and press are welcome to attend. There is an Open Forum at the start of each meeting for residents to put their views across.

Handy Telephone Numbers

Streetlights: 0800 253529 – give the number that is written on lamppost

Anglian Water (water supply & sewerage): 03457 145 145

South Cambs District Council: 03450 450500

County Council (damaged paths and roads): 01223 717111.

BAR HILL HEALTH WALKS

Free every Wednesday morning

Meet at Maple Surgery, Hanover Close, Bar Hill CB23

8EH

at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire.

Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels, Co-ordinator, T: 07917

874402; E: danielsoohn@btinternet.com; or Josephine

Powell, Co-ordinator, T: 07901 558108; E:

jopowell45@hotmail.com.

OAKINGTON AND WESTWICK TABLE TENNIS CLUB

We are a small, friendly club that meets every Tuesday evening at 7.30pm in the Pavilion, Queensway, Oakington.

New members are always welcome, so come and spend an evening as our guest. Junior players are also welcome but must be accompanied by an adult.

We have four tables and spare bats – you just need a pair of trainers.

For further information, please contact Dawn Stokes on 01223 236427.

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477.

BAR HILL BOOK CLUB

Come along and join this new club. We are a small, friendly book-loving group. Next meeting is at 6pm on Tuesday 7th April in The Fox.

Contact us via www.streetlife.com / Bar Hill or just turn up on the night.

– S DYE –

For all your Painting & Decorating needs.
07806 629972 or 01954 230484.

HAIR2U

Professional Mobile Hairdressing
covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718



— CHURCH MATTERS —

BAR HILL CHURCH SMALL GROUPS

Bar Hill Church has five small groups who meet regularly, weekly and fortnightly, with a mix of evening and daytime meetings.

A Small Group is a place where people grow together as they explore and apply the Bible to everyday life. It's also where people care and pray for one another, serve together and develop genuine relationships.

We hope that our groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. The Church aims to develop a deeper understanding by providing sound biblical knowledge and spiritual growth, and help you develop your personal relationship with God.

In the New Year we are hoping to revisit some of the basic beliefs that underpin our Christian faith. Whatever stage you are at on your Christian journey this bible study will help you to explore and develop your Christian faith. If you are interested in joining in the fellowship of a small group within the village please visit the Church website. I can be contacted at Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton [small groups coordinator]

BRING YOUR OWN CRAFT DATES FOR 2015

Please come and join us on: 25th April, 23rd May, 27th June, 18th July, 26th September, 24th October in the Octagon 2.15–4.30pm. 28th November will be our Christmas Craft Day, details nearer the time.

For more details contact Wendy on 01954 782041.

Come and join this year's BAR HILL CHURCH HOLIDAY CLUB "MEGA MAKERS"

Monday 27th to Friday 31st July from 9.30am to 1pm (with extended day on Wednesday and Service on Friday teatime) for children in Reception to Year 6.

Cost £28 per child (reductions for siblings) includes a t-shirt, trip and family tea.

Open bookings will be taken from Monday 20th April.

For more details and a booking form please contact:

Claire Thorby: cypadmin@barhillchurch.org.uk or

tel: 01954 781527;

Heather Smethurst: cyp@barhillchurch.org.uk or

tel: 01954 201791.

LET'S WALK THIS WORLD TOGETHER

Christian Aid Week runs from 10th to 16th May.

Please avoid booking time away then – last year ten regular collectors were on holiday. The secret of a good result is calling at every possible house, and the more of us who take part, the easier the walk will be.

Do commit yourself to stepping out with us in mid-May, and let Jenny Knight know now on 01954 780745 or rgp@barhillchurch.org.uk.



BAR HILL ECUMENICAL CHURCH EVERYONE IS WELCOME SERVICES FOR APRIL 2015

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. Our website gives lots of information about what's happening in Church: barhillchurch.org.uk.

Weds. 1st	6.30pm	Stations of the Cross.
Thursday 2nd	7.30pm	Maundy Thursday service.
Friday 3rd	10am	Good Friday Service.
Sunday 5th	10am	Holy Communion for Easter Day; No evening service.
Sunday 12th	8am	Holy Communion;
	10am	Morning Worship;
	6.30pm	Informal Worship.
Sunday 19th	10am	Holy communion;
		Eco walk in the afternoon.
Weds. 22nd	10am	Midweek Communion.
Sunday 26th	10am	All Age Worship;
	6.30pm	Holy Communion.

Contact: Church Centre Manager: 01954 206120;
office hours Mon., Weds. and Fri. 0930–1230.

**There is a Roman Catholic Mass every
Saturday at 6 pm.**

THE COFFEE STOP...

...is a weekly event in the Bar Hill Library, run by volunteers. Coffee, tea and biscuits are served from 10.00am till 12 midday for a modest price. We aim to provide a friendly meeting place for our community to have a chat to old friends and new.

The coffee stop is growing and is used regularly by the Bar Hill Health Walkers, and occasionally by members of the Horizon group.

We are very grateful to the library staff for accommodating us and would love to welcome new people to join us. We would like as many people as possible to borrow a book from the library regularly to help keep this facility available for our village. We look forward to seeing you there. For more information contact Sue Kenchington on 01954 780260.

- The longest sentence in the Bible is Esther 8:9 at 89 words.
- The longest book chapter in the Bible is Psalm 119.
- The longest word in the Bible is Maher-shalal-hash-baz: Isaiah 8:1.

The raven is the first bird mentioned in the Bible. It appears in Genesis 8:7, when it is sent out from the ark by Noah to see if the flood waters have abated. The dove is mentioned in verse 8.

— CHURCH MATTERS —



BAR HILL COMMUNITY MARKET

Saturday 2nd May

Saturday 6th June

10.30am – 2pm

In the Octagon CB23 8EH

– Entry is Free –

Come and support your local community.

A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.

We raise funds for community projects.

Refreshments Available

Soup and roll from 12noon

BBQ (*weather permitting*)

If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875.

YOUNG PEOPLE GROUPS

Youth Socials – there is a time to relax and play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups – these are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Café Church – as an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service – this informal service is for adults and young people and uses contemporary music and format. This is held from 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

KNIT AND NATTER...

...is a long established group that has weekly meetings on Thursday afternoons at 1.15 until 3.30pm in the Octagon. We are a friendly and active group who do what we can to support one another and groups who need our help. We currently work hard knitting for the children's Christmas Shoe Boxes, "Operation Christmas Child". We also send hats, jumpers and blankets to where they are needed in the world. We hold a number of events in the year including outings, coffee mornings, a Christmas lunch and a "Holiday at Home" at Easter. We would be very happy to welcome new people either those who are knitters or those who just want to come to chat and would like to meet some new friends. For more information contact Sue Kenchington on 01954 780260.

BAR HILL CHURCH ECO GROUP...

...meets for an hour in alternate months to think about how we, as a local community, can best use world resources both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Recent events have included an Eco walk and picnic, and a Church Weekend at Home with speakers from Cambridge Carbon Footprint. New members – from the congregation or the village – are always welcome. Meetings take place in the Church from 11.30–12.30 on the second Sunday of January, March, May, July, September and November. Further details can be found at www.barhillchurch.org.uk.

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. Come along! For more information contact Peter at familysmeth@ntlworld.com.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787

Local contact: Bunty Waters Tel: 01954 201421

Monday, Wednesday, Thursday, Friday 8am and 12.15pm

Tuesday 8am and 7.30pm

Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

ART GROUP

If you would like to try painting, even if you think you're no good, we will give you a warm welcome. Bar Hill Church Art Group meets on **Wednesday afternoons** throughout the year from 1.30–4pm in the **Church**. Our meetings are very informal with occasional visiting tutors. Why not come along and give it a try? You can borrow equipment until you find out what you need, and other members are always ready help. Contact Jan Hewins on 01954 201495 for more information.

BAR HILL VILLAGE HALL



- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Monday	Helene Jones Dance	4.00–8.15pm
	(school term time only)	
Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates (term time only)	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz (term time only)	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo (doors open 7pm)	7.30–9.30pm

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours Monday–Friday); or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

NEW PLAYERS NEEDED FOR BAR HILL COLTS UNDER 9s



Is your child currently in Year 4? Would they like to have fun playing football? Would you like them to enjoy improving their fitness and enhance their social skills?

If the answer is 'yes', then Bar Hill Colts Under 9s would like to hear from you. Your perfect solution is to join our FA Charter Standard Community Club. Why not bring your child along to our training sessions on Wednesdays at 5pm? We train using qualified FA Coaches on Bar Hill village green or Astroturf.

Contact Dom Swindell: 07980 757259 or Mark Flatts: 07767 693950. We look forward to hearing from you.



Did you know in the last 4,000 years, no new animals have been domesticated?

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group which normally meets at 8pm on the first Thursday of the month in the school. There is no meeting in April as the school will be closed for Easter holidays.

If you are interested in seeing what we do, please do come along to a future meeting. Phone Barbara: 01954 204171, Adela: 01954 204265 or Ann: 01954 204687.

BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in April?

- Sat. 4 Membership Draw
- Sun. 5 Easter Egg Hunt
- Sat. 18 Membership draw
- Fri. 24 Disco Night
- Mon. 27 Mini Monthly Quiz – £50 prize

Looking Ahead to May...

- Sat. 2 Membership Draw
- Sat. 16 Membership Draw
- Mon. 25 Mini Monthly Quiz – £50 prize
- Fri. 29 Disco Night
- Sat. 30 Membership Draw

Saturday Teams Home Games

- 1 April Bar Hill Saturday v Over Sports Reserves, K/O 1815, Wednesday April
- 4 April Bar Hill Saturday v Manea United, K/O 1400
- 4 April Bar Hill Saturday Reserves v Wimblington Reserves, K/O 1605
- 7 April Bar Hill Saturday v Littleport Town, K/O 1815, Tuesday
- 9 April Bar Hill Saturday v Eaton Socon Reserves, K/O 1815, Thursday
- 14 April Bar Hill Saturday v Huntingdon United, K/O 1815, Tuesday
- 18 April Bar Hill Saturday Reserves v The Eagle K/O 1500
- 21 April Bar Hill Saturday v March Town Reserves, K/O 1815, Tuesday
- 22 April Bar Hill Saturday Reserves v Ely Crusaders, K/O 1815, Wednesday
- 25 April Bar Hill Saturday Reserves v Soham United Reserves K/O 1500
- 28 April Bar Hill Saturday v St. Ives Rangers, K/O 1815, Tuesday
- 2 May Bar Hill Saturday Reserves v Houghton & Wyton, K/O 1500

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look round. Please ask the bar staff for a membership form. See our website for opening times. The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881

STORYTIME AT BAR HILL LIBRARY

Come along to Bar Hill Library at 10.30am on 11th and 25th April to join this month's Storytime sessions.

Open to children of pre-school age and older brothers and sisters who are accompanied by an adult, it offers half an hour or so of book-based fun.

This free event introduces young children to their local library and reveals to them all that is to be gained from learning to read. There is no need to book; just come along.



Total Relaxation

at the farmhouse

*The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY*

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

PEASGOOD & SKEATES

THE
FAMILY FUNERAL SERVICE

Personal Care & Attention
24 hours a day by local, qualified staff
all faiths ~ repatriations
horse drawn & green funerals
lady & gentleman funeral directors
modern air conditioned funeral fleet
Bespoke Service Sheets

Memorials
renovations & memorials created by
craftsmen in fine stone

Pre-Paid Funeral Plans from Golden Charter

617 Newmarket Road - Cambridge
Tel: (01223) 415255

www.peasgoodandskeates.co.uk

Independent Funeral Directors of Distinction



Longstanton

34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham

66 High Street, Cottenham CB24 8SA
01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 24 7

www.villagevet.co.uk



AIRPORT CARS CAMBRIDGE



- Long-haul journeys, airport delivery & pick-up only
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- Mini vans available for holiday delivery & pick-up
- Reasonable rates
- Visit our website www.airportcars.uk.net

VISA



For the most competitive quote call:

01954 782822 / 07411 593527 jamesairportcars@gmail.com